

Healthy Relationships!

In collaboration with Planned Parenthood of Southern New England and DDS Self Advocate Coordinators; the Healthy Relationship Series will be held in the West Region. The Relationship series is a 6 session course on making, developing and having all types of relationships, increased understanding of your own body and informed decision making. Individuals need to plan to participate in all 6 sessions. The first session of the series will include an overview of the material to be covered. Individuals will need a safe person (someone who they trust and can talk about the class). The safe person will need to attend and participate in the first session. This will assist everyone in knowing what to expect in the series

Where:

Goodwill Career Center– Bridgeport

When:

Thursday May 3
Thursday May 10
Thursday May 17
Thursday May 24
Thursday May 31
Thursday June 7



Sign Up Early

All classes are from 11am -2pm

R.S.V.P.

Please complete the attached application and send it to Sandi Geer by April 20th.

Sandi.geer@ct.gov

Fax: 860-920-3057

Phone: 203-509-4783

You must register to participate in the series. All participants must be 18 years or older.

We will all enjoy lunch together in the Cafeteria so please remember to bring your lunch or you can purchase lunch in the café.

