

Healthy Relationships!

In collaboration with Planned Parenthood of Southern New England and DDS Self Advocate Coordinators; the Healthy Relationship Series will be held in the West Region. The Relationship series is a 6 session course on making, developing and having all types of relationships, increased understanding of your own body and informed decision making.

Individuals need to plan to participate in all 6 sessions. The first session of the series will include an overview of the material to be covered. Individuals will need a safe person (someone they trust and can talk about the class with). The safe person will need to attend and participate in the first session. This will assist everyone in knowing what to expect in the series

Where:

45 West Main St. Vernon CT
(Opportunity Works CT)

When:

Tuesdays:

5/1/18

5/8/18

5/15/18

5/22/18

5/29/18

6/5/18

All classes are from **9:00am-11:30am**

R.S.V.P.

Please complete a referral form and send to Patricia.Cymbala@ct.gov or Fax to 860.622.2806

Questions: 860.263.2462 or 263.2596

You must register to participate in the series. All participants must be 18 years or older.



Sign Up Early

There will be NO LUNCH period however you may bring your own snack to have during the 15 minute break.