

Healthy Relationships!

In collaboration with Planned Parenthood of Southern New England and DDS Self Advocate Coordinators; the Healthy Relationship Series will be held in the West Region. The Relationship series is a 6 session course on making, developing and having all types of relationships, increased understanding of your own body and informed decision making. Individuals need to plan to participate in all 6 sessions. The first session of the series will include an overview of the material to be covered. Individuals will need a safe person (someone who they trust and can talk about the class). The safe person will need to attend and participate in the first session. This will assist everyone in knowing what to expect in the series

Where:

Continuum of Care
109 Legion Ave, New Haven, CT

When:

Monday May 14

Wednesday May 16

Monday May 21

Wednesday May 23

Wednesday May 30

Monday June 4



Sign Up Early

Time:

All classes are from 10:00am-1:00pm

R.S.V.P.

Please complete the attached application and send it to Sandi Geer by May 4th.

Sandi.geer@ct.gov

Fax: 860-920-3057

Phone: 203-509-4783

POTLUCK!

Each session will have a potluck lunch. Participants should bring a healthy dish to share!



You must register to participate in the series.

All participants must be 18 years or older.